

## PARENTING HACKS FROM RAISING GOOD HUMANS

Join us for a practical workshop for Holly Area Schools parents and guardians of students. Together, we'll explore simple, effective strategies from the book *Raising Good Humans* to help reduce stress, strengthen family connections, and support your child's growth. Walk away with tools you can use right away to make parenting a little easier and more mindful!

Sign up here: https://forms.gle/SRWvfHHXfn4RyGgg9

CHILDCARE AVAILABLE UPON REQUEST PLEASE SIGN UP TO ATTEND BY 10/27

## **EVENT HIGHLIGHTS**

- Interactive Discussions
- Skill-Building Activities
- Collaboration with Other Families

**MONDAY**, 11/3

**DINNER: 5:00 PM** 

**EVENT: 5:30 - 6:30 PM** 

## LOCATION

HOLLY MIDDLE SCHOOL 330 EAST STREET HOLLY, MI 48442

EVERY FAMILY WILL RECEIVE MINDFULNESS CARDS



FOR INFORMATION, CONTACT:

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