

## **Holly Area Schools**

#### Excellence in Action!

August 3, 2024

Dear Families of Holly Area Schools,

With the launch of the 2024 - 2025 School Year, we are excited to announce a new parent outreach program led by District Counselor, Cheryl Price and Family School Liaison, Sydney Sinclair. One of the first highlights of this effort is a new and proactive partnership with Care Solace.

When you or your child needs help, it's hard to know where to turn. In an effort to ease the burden of finding the mental health and substance use services you need, Holly Area Schools has formed a new partnership with **Care Solace**, your central hub of care.

Our mental health staff will soon be provided with training upon their return to the new school year so that they are prepared to connect our families and staff with this new resource.

With a network of over 350,000 providers and services, Care Solace will help you find the right help at the right time, 24/7/365, at no cost to you. They will connect you with providers accepting all medical insurances, including Medicaid, Medicare, and sliding scale options for those without insurance.

Beginning October 1, 2024, you can access Care Solace services in three ways:

- 1. Call 888-515-0595 at any time. Multilingual support is available 24/7/365. A dedicated Care Companion will help you every step of the way to research options, secure appointments, and follow up to make sure it is a good fit.
- 2. Search anonymously to get matched with an extensive list of care providers at caresolace.com/hask12
- 3. Contact your school health professional, and they will submit a referral on your behalf.

No matter what you're experiencing, there is hope and help. We are confident that our new partnership with Care Solace will help us build a healthier, more vibrant school community.

If you have a life-threatening emergency, please call 911, or the Suicide and Crisis Lifeline at 988. Care Solace is not an emergency response service or mental health services provider.

Sincerely,

Scott M. Roper, Superintendent

#### **Administration Office**

### care/solace

# It's okay to ask for help

Care Solace connects students, staff, and their families to care. At no cost to you, Care Solace will quickly and confidentially find available mental health and substance use providers matched to your needs.

Find the right help at the right time.

#### 24/7/365 Multilingual support

A multilingual team is available 24/7/365 to help you understand options, call providers on your behalf, and schedule an appointment.

#### Care regardless of insurance

Connect to care with any coverage including Medicaid, Medicare, and sliding scale options for those without insurance.

#### Easy access to care

Use Care Match, the self-serve website, to find a provider or services on your own.

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Call (888) 515-0595 or go to caresolace.com/ hask12





# Our goal is to find you available providers matched to your needs. Here is what to expect:

#### Step 1: Screening

Complete our screening form online or by phone call. (Please note: Care Companions will contact you from the number 888-515-0595 during the care coordination process.)

Be prepared to provide the following information:

- Basic contact information for client and guardian (if applicable)
- Insurance provider and plan

- Brief description of what client is experiencing
- Type of service desired\*

Care Solace can connect you with:

- Therapy
- · Couples/family counseling
- Psychiatry

- Intensive outpatient program
- Partial hospitalization program
- · Residential / inpatient program

The speed of connection is affected by how quickly you respond to us.

#### Step 2: Matching

This step may take several days.

We will:

- Seek out providers on your behalf and keep you updated via text or email along the way
- Call you to present at least two options
- Offer to assist you in scheduling your appointment

Families have voice and choice. Let us know what is and isn't working for your unique needs.

#### Step 3: Check In

We will:

- Touch base after your appointment about your satisfaction with the provider match
  - o If the provider isn't a good match, let us know so we can continue searching
- Answer questions every step of the way

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